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Sacred Mirrors Cards



Synopsis

A set of 23 meditation cards with art and poetry by Alex Grey • Contains the complete series of Sacred Mirrors paintings plus two additional transformative images • Includes guided meditations, reflections, and poetry by Alex Grey • By the author of Transfigurations (25,000 sold) and Sacred Mirrors (90,000 sold) The Sacred Mirrors are a journey through our physical, socio-political, and spiritual anatomy. Sacred Mirrors Cards contains twenty-three meditation cards featuring reproductions of all twenty-one of Alex Grey's Sacred Mirrors paintings plus two additional transformative images: Oversoul and The Angel. Grey's visionary poetry on the back of each card leads the meditator through contemplation of the image on the front of the card, culminating in a one-word theme for reflection. The twenty-three cards in this boxed set lead the viewer through the process of theosis--that is, coming closer to God--through contemplation of iconic archetypes and seeing oneself, each other, and the world as a reflection of the divine. The original 46" x 84" Sacred Mirrors paintings featured in the Sacred Mirrors Cards are on display at the Chapel of Sacred Mirrors in New York City.

Book Information

Cards: 76 pages

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Product Dimensions: 4.8 x 0.8 x 8 inches

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Average Customer Review: 4.2 out of 5 stars • See all reviews (21 customer reviews)

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Customer Reviews

"The Sacred Mirrors are a journey through our physical, socio-political, and spiritual anatomy." -

Alex Grey Arguably best known for his "X-ray" paintings, transcendental artist Alex Grey melds the anatomically correct with the visionary in the Sacred Mirrors Cards. The twenty-three cards in this boxed set are intended to lead viewers through the process of theosis. That is, we may draw closer

to God by contemplating the iconic archetypes portrayed on the cards and by seeing others, the world and ourselves as reflections of the Divine. Intending to remind us of the pure wonder that can accompany our Earth journey, Grey says, "My life is committed to making artwork that wakes people up to the miracle of Life". From skeleton to viscera, nerves to auric fields, Spirit infuses the "mundane" mechanics of the body as surely as the magnificent emanation of love and community. At 8 1/2 x 4 1/2 inches, the Sacred Mirrors Cards are quite large, depicting colorful imagery on one side and poetic meditations on the other. For example, on the back of the card depicting the lymphatic system, Grey writes: "Lymph, holy water of life, Bathing every cell With nutritional healing plasma. Mysterious cleansing cousin Of the cardiovascular. Nodes that swell when inflamed, Pick up the pieces of the circulatory system. Take away and destroy invading predators. Purify, recycle and regenerate white blood cells, Lymphocytes, my defending militia. Immunize me. Keep me safely healthy and whole, My guardians of the realm. On a micro-level border patrol Thou are the decided of what is and is not me.

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